

Recovery

Downtime lasts about 7 days after a plasma skin tightening procedure. During this time, patients can expect their epidermis to peel away in a process called epithelialization. Re-epithelialization follows after the old epidermis sheds away to reveal the new, tighter epidermis.

Total recovery time depends on the amount of energy used during the procedure. Aftercare requires patients to protect their skin from sun exposure by wearing sunscreen.

Safety and Side Effects

The potential to experience severe side effects is rare following plasma skin tightening. As a nonsurgical procedure, there is little trauma to the body and no damage to the skin as a result of cuts or incisions. As a result, side effects are mild and clear up within 1 month. In fact, plasma skin resurfacing has an excellent safety profile.

When compared to other alternatives (specifically laser skin tightening), plasma treatments do not present the risk of visible demarcation lines, or lines that visually separate untreated skin from the treatment area.

CONTRAINDICATIONS

- Keloid scarring
- Severe acne or you have taken Roaccutane or Tretinoin pills in the last 1,5 years
- Pregnant or breastfeeding
- Lupus
- Psoriasis
- Vitiligo
- Auto-immune disorder
- Blood-thinning medication
- Skin Fitzpatrick Type 4 or above dark skin
- If you have or had cancer
- History of heart disease
- An active skin infection

PRICE LIST

Skin tag, mole, or pigmentation removal
From £35

Small area
i.e under eye or eyelid
From £125

Large area
i.e neck, eyelid and eyebrow, knees etc
From £199



PLASMA FIBROBLAST TREATMENT



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Plasma Skin Tightening

- Plasma skin tightening is a nonsurgical skin tightening procedure in which plasma is used to heat and tighten the skin.
- The results of a plasma skin treatment are permanent, although the skin will continue to age.
- Plasma skin tightening can decrease skin laxity on any part of the body.
- There are minimal side effects and complications following plasma skin tightening, although recovery may take up to 1 week.

For many individuals, loose and sagging skin is an undesirable cosmetic concern that negatively impacts their appearance. Skin elasticity is caused by the breakdown of collagen and elastin, two proteins within the skin responsible for giving it its firmness and elasticity. Aging, overexposure to the sun (photodamage) and genetics all play a role in contributing toward skin laxity.

During plasma skin tightening, the heat that comes into contact with the skin causes collagen fibres to immediately contract. This leads to visible improvements in skin laxity and a decrease in wrinkles, fine lines and crow's feet.

Low-energy plasma skin tightening may require multiple treatments for more visible and effective skin tightening. In contrast, high-energy procedures require fewer treatment sessions, but the side effects are amplified.

Plasma Skin Tightening Results

The effects of treatment are visible immediately after the procedure. Fibroblast activity continues for up to 1 year later, stimulating the production of new collagen and further decreasing skin laxity.

The number of treatments plays a role in the efficacy of plasma skin tightening, particularly if low energy is used in the first treatment. Patients who underwent low-energy plasma treatments reported facial tightening improvements of:

35% after the first treatment
 40% after two treatments
 58% one month after three treatments
 68% three months after three treatments

Plasma skin tightening has demonstrable effects on other parts of the body as well. [Researchers recorded](#) improvements in wrinkle severity, skin smoothness and hyperpigmentation of:

- 57% to the chest
- 48% to the hands
- 41% to the skin of the neck

What to Expect During the Treatment?

Topical Anesthetic is used prior to the start of a plasma skin treatment. The energy of the treatment device is set to different levels depending on the area of the body being treated and to control how deeply the heat is sent into the skin. This limits total dermal injury. Areas with thinner skin, such as [around the eyes](#), are commonly treated with a lesser amount of energy than is used on other areas of the body, such as the forehead or cheeks.

A low-energy procedure of a single pass through each zone can be completed in as little as 15 minutes. Patients may experience some mild discomfort from the heat as the device passes over the skin's surface.



More beneficial and quicker skin tightening results can be had by undergoing a procedure in which higher energy is used, though such treatments commonly increase patient downtime.