WEEK 3 MENUS WEEK BEGINING: - **22nd November 2021**

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|  | SNACK AM  Crackers, soft cheese fruit | SNACK PM  Cucumber, carrot, rice cake |  |
| MONDAY | MAIN  Beef and dumplings | DESSERT  Honey and oat bars | TEA  Sausage rolls and spaghetti |
|  |  |  |  |
|  | SNACK AM  Toast/bagel/crumpet  fruit | SNACK PM  Breadsticks, cheese, fruit |  |
| TUESDAY | Chicken lasagne | Fruit crumble and custard | Fishcakes and sweet potato fries |
|  |  |  |  |
|  | SNACK AM  Cucumber, carrot, rice cake | SNACK PM  Oatmeal biscuit, fruit |  |
| WEDNESDAY | Spanish rice | Greek yoghurt and fruit | Cottage pie |
|  |  |  |  |
|  | SNACK AM  Breadsticks, cheese, fruit | SNACK PM  Crackers, fruit |  |
| THURSDAY | Salmon pie | Marmalade cake with orange sauce | Pasta surprise |
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|  | SNACK AM  Oatmeal biscuit, fruit | SNACK PM  Wholemeal Toast/crumpet  fruit |  |
| FRIDAY | Pesto pasta | Australian crunchie | Chilli and tortillas |