

	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Cheese Crackers and Raisins Allergens: (Cheese-Milk) (Crackers-Wheat)	Clementine and Rice Cakes	Honey Crackers and Apple Slices (Crackers-Wheat)	Breadsticks and Cheese Dip Allergens: (Breadstick-Wheat, Barley) (Dip – Milk, Eggs)	Pitta Bread and Cheese Dip Allergens: (Pitta Bread-Wheat) (Dip – Milk, Eggs)
Lunch	Vegetable Pasta Bake Allergens: (pasta-Wheat)	Chicken Casserole Allergens: (stock-celery seeds. Barley, Wheat) Meat free-Quorn chicken	Mediterranean Fish Bake with Rice Meat Free – Mediterranean vegetable bake	Chilli Con Carne Allergens: (barley, wheat) Meat Free-Quorn mince	Sausage Casserole Allergens: (stock-celery seeds, wheat, mustard, soya) Meat free-Quorn sausages
Dessert	Fruit Salad	Angel Delight Allergens: (Milk)	Banana & Custard Allergens: (custard-milk)	Fruit Mousse Allergens: (milk)	Yoghurt Allergens: (milk, cream)
PM Snack	Grapes and breadsticks Allergens: (Breadstick-Wheat, Barley)	Banana and Ritz Cracker Allergens: (Wheat, Barley)	Rice Cake and Grapes	Apple Slices and Raisins	Clementine and Grapes
Tea	Cheese and Tomato Toasties, cucumber and pepper sticks Allergens: (Cheese-Milk) (Bread-Wheat, Soya) Meat-Free Option: Cheese/Tomato Toasties)	Tuna Mayo Wraps, cucumber & pepper sticks Allergens: (Wraps-Wheat) (Tuna-Fish) (Mayo-Egg, Milk, Mustard) Meat-Free Option: Cheese & Sweetcorn Wrap Allergen: (Cheese-milk)	Beans on Toast with cheese Allergens: (Bread-Wheat, Soya)	Crumpet Pizza, cucumber and cherry tomatoes Allergens: (Crumpet-Wheat) (Cheese-Milk)	Cheese and ham omelette, cucumber and pepper sticks, Allergens: (Omelette - Eggs, milk) Meat-Free Option: Cheese Salad Sandwiches Allergen: (Cheese-Milk)
Dessert	Shortbread fingers Allergens: (wheat, milk)	Yoghurt and mixed berries Allergens: (Yoghurt-Milk)	Yoghurt Allergens: (Yoghurt-Milk)	Cornflake Cakes and Clementine Allergens: (milk, soya, barley)	Blueberry muffin Allergens: (Muffins-Wheat, Egg, Milk, Soya)

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Mixed Fruit Salad	Crisp Bread, Cheese Spread & Melon Allergens: (Crisp Bread-Wheat, Milk) (Cheese Spread-Milk)	Scotch Pancakes and Mango Allergens: (Pancakes-Wheat, Milk, Egg)	Oak Cakes and Melon Allergens: (Oatcakes-Oatmeal)	Fruit Loaf and Mango Allergens: (Banana Loaf-Wheat, Egg)
Lunch	Tuna Carbonara Allergens:(pasta-wheat, Carbonara-barley, milk, soya, wheat) Meat Free- vegetable Carbonara	Vegetable Curry & Rice Allergens: (stock-celery seeds)	Sweet & Sour Chicken & Noodles Allergens: (soy sauce-soybean, noodles-wheat) Meat free-Quorn	Bangers and Mash Allergens: (mash-milk) Meat free-Quorn sausages	Shepherd's Pie Allergens: (milk, stock-celery seeds, Wsauce-barley & fish, barley, wheat, soya) Meat free-Quorn mince
Dessert	Gingerbread Allergens: (wheat)	Trifle Allergens: (milk, egg, wheat)	Fruit crumble Allergens: (crumble-wheat)	Fruit Cocktail	Rice pudding & Jam Allergens: (milk)
PM Snack	Pastry Twists and Raisins Allergens: (Twists-Wheat, Milk, Barley)	Grapes and Mango	Melon and Peaches	Bread Sticks and Banana Allergens: (Breadsticks – Wheat, Barley)	Melon and Grapes
Tea	Cheese on Toast, Cucumber, Cherry Tomatoes Allergens: (Bread-Wheat,Soya) (Cheese,Milk)	Chicken Goujons, cucumber and Pepper Sticks Allergens: (Goujons-Wheat) Meat free – breaded mozzarella bites Allergens: (milk,wheat)	Crumpets and Cheese Spread, Cherry Tomatoes and pepper sticks Allergens: (Crumpet-Wheat) (Cheese Spread-Milk)	Chicken Sandwiches, Carrot Sticks and Cherry Tomatoes Allergens: (Bread-Wheat, Soya) Meat-Free option-Cheese and Cucumber sandwich Allergens: (Cheese - milk)	Fish Finger Sandwich, Pepper Sticks and Cheese Allergens: (Bread-Wheat,Soya) (Fish Finger-Fish,Wheat) Meat free – cheese sandwich Allergens: (Cheese - milk)
Dessert	Croissants and Jam Allergens: (Croissant-Wheat, Milk, Egg)	Fruit Salad and Yoghurt Allergens: (Yoghurt-Milk)	Currant Bun Allergens: (Bun-Wheat)	Mousse Allergens: (Mousse-Milk)	Angel Delight Allergens: (Milk)

<u>Week 3</u>	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Pineapple Chunks & Oat Cakes Allergens: (Oatcakes-Oatmeal)	Ritz Crackers and Grapes Allergens: (Wheat, Barley)	Honey on Toast and Grapes Allergens: (Bread-Wheat, Soya)	Rice Cakes and Apple Slices	Pineapple and Pear
Lunch	Chicken and Vegetable Fajita mix with rice Meat free-Quorn	Minced Beef & Onion Pie Allergens: (stock-celery seeds, egg, Wsauce-barley & fish, pastry-wheat) Meat free-Quorn	Fish Rarebit Allergens: (milk, Wsauce-barley & fish, cheese-milk, butter-milk) Meat free – vegetable rarebit	Chicken Curry & Rice Allergens: (stock-celery seeds, curry paste-almond & mustard) Meat free- Quorn	Meatballs, Sauce & Pasta Allergens: (pasta-wheat, egg, soy sauce-soybean & wheat) Meat free option available
Dessert	Chocolate Cornflakes cake Allergens: (milk)	Yoghurt Allergens: (milk)	Mousse Allergens: (milk)	Fruit & Custard Allergens: (custard-milk)	Crumble Allergens: (wheat)
PM Snack	Bread Sticks and Raisins Allergens: (Breadsticks – Wheat, Barley)	Pineapple and Cheese Sticks Allergens: (Cheese-Milk)	Pears and Apple Slices	Grapes and breadsticks Allergens: (Breadsticks – Wheat, Barley)	Crisp Bread and Cheese Spread Allergens: (Crisp Bread-Wheat, Milk) (Cheese Spread-Milk)
Tea	Scrambled Egg on Toast Allergens: (Scrambled Egg-Milk, Egg) (Bread-Wheat, Soya)	Sausage Rolls, Cherry Tomatoes and Cucumber Allergens: (Rolls-Wheat, Milk) Meat-Free Option- Cheese and Onion Rolls Allergens: (Rolls-Wheat, Egg, Milk, Mustard)	Spaghetti Hoops on Toast Allergens: (Bread-Wheat, Soya) (Pasta-Wheat, May contain Egg)	Cheese Sandwiches, Carrot Sticks and Cherry Tomatoes Allergens: (Bread-Wheat, Soya) (Cheese-Milk)	Cheese Pizza, Cucumber and Carrot Sticks Allergens: (Pizza- Milk, Wheat)
Dessert	Fruit Salad	Fruit Trifle Allergens: (Milk, Wheat, Egg)	Scone and Jam Allergens: (Scone-Wheat, Milk, Egg)	Fromage Frais Allergens: (Milk)	Angel Delight Allergens: (Milk)

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Pastry Twists and Peaches Allergens: (Wheat, Barley, Milk)	Melon and Grapes	Malt Loaf and Clementines Allergens: (Malt Loaf- Wheat, Barley)	Melon and Rice Cakes	Scotch Pancakes and Mixed Fruit Allergens: (Pancakes- Wheat, Milk, Egg)
Lunch	Chilli Jacket Potatoes Allergens: barley, wheat)	Chicken & Thyme Bake Allergens: (stock-celery seeds)	Chicken, bacon and potato pie with Veg Allergens: (milk, wheat)	Hunters Chicken Allergens: (barley, wheat, sulphates, soya)	Pasta Bolognese Allergens: (pasta- Wheat) Meat free-Quorn
Dessert	Rice Pudding Allergens: (milk)	Banana & Custard Allergens: (milk)	Fruit and Yoghurt Allergens: (Yoghurt – Milk)	Peaches and Custard Allergens: (milk)	Fruit Salad & Yoghurt Allergens: (yoghurt-milk)
PM Snack	Crackers and Grapes (Crackers-Wheat)	Clementines and Raisins Allergens: (Dried Fruit- Sulphates)	Banana and Grapes	Crisp Bread and Cheese Spread Allergens: (Crisp Bread- Wheat, Milk) (Cheese Spread-Milk)	Breadsticks and Grapes Allergens: (Breadsticks- Wheat, Barley)
Tea	Crumpets and Cheese, Cherry tomatoes, pepper sticks Allergens: (Crumpet- Wheat) (Cheese-Milk)	Turkey and Salad Wraps, Crisps Allergens: (Wraps – wheat) Meat-Free option: Cheese and Salad wraps Allergens: (Wraps – wheat) (Cheese-Milk)	Sausage Sandwiches, pepper, carrot and cucumber sticks Allergens: (Bun- Wheat, Soya) (Sausage- Wheat, Metabisulphate) Meat-Free option: vegetarian sausage Allergens: (Wheat, Sulphates)	Tuna and salad pitta pockets, tortilla chips Allergens: (Tuna salad – Fish) (Pitta Bread – Wheat)	Cheese on Toast, cherry tomatoes, cucumber sticks Allergens: (Cheese – Milk) (Bread – Wheat, Soya)
Dessert	Ginger Bread Men Allergens: (wheat)	Fruit Yoghurt Allergens: (Yoghurt – Milk)	Brioche Allergens: (Wheat, Egg, Milk, Soya)	Fruit Mousse Allergens: (Milk)	Fruit Pie and raisins Allergens: (Pie – Wheat, Milk)