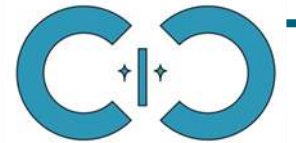


Caring in Craigmillar Issue 9



Dynamic Earth Community Pass—FAMILIES, BOOK NOW!

We are delighted to share with you that Caring in Craigmillar have won a **Community Discovery Pass** for Dynamic Earth! Every year Dynamic Earth award these to community groups and charities across Scotland. This is part of their Community Learning Programme which aims to make Dynamic Earth a place for all ages so everyone can access the fun experiences they offer.

We will be including trips here throughout the year for our members but we would also like to offer the opportunity to our members families. We would love to share with the team at Dynamic Earth feedback that our Pass has allowed our members family to visit and spend time together at no cost to them.



If you would like to book a trip for the family to Dynamic Earth, please contact Kristin on 0131 510 6930 or info@caringincraigmillar.org with a few days notice if possible and we will get this arranged for you. Let us know the names of people attending and ages and we will arrange to have tickets ready at the desk for you.

We have also been awarded a Golden Ticket for the **Royal Yacht Britannia** which means more visits planned (a firm favourite with our members) They have very kindly awarded CiC 4 free visits! A huge thank you to both venues from all the team at CiC!

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Activity Report

“Since starting in December, I have really enjoyed taking the time to get to know you all individually and I have been working closely with the Care Team to plan activities and trips for the upcoming months using your suggestions either from the Members Forum data or from suggestions members have discussed during our chats. Remember, each month the activity calendar will be on display for everyone and families/carers can also find out our exciting plans on our website.



This winter period has meant activities have been held more in the centre (in the warm!), however, in the run up to our Christmas celebrations, lots of fun has been had! Our members made decorations for our trees, Christmas cards and we had many Christmas themed games!



A wonderful group of young people from Castlebrae Community High School visited the centre on 19th December. The group were part of a food initiative called Edinburgh Food Social. The project aims to inspire young people around the variety, flavor and goodness of local, seasonal food while sharing their delicious food with groups within the communities to enhance their skills. We were very lucky to have them cook for everyone and I hope you all agree the food was fantastic

and the young people were a joy to have with us for the day. And we all enjoyed a 2nd Christmas Lunch!



The following day was our annual CiC Christmas Party day! We were entertained by the fabulous Dougie Smith after (another!) lovely 3 course lunch, who always enjoys coming to play for you all. Many raffle winners that day and a visit from our very own Santa and his Elf, ended the day with many smiles from all our members.....

“I have never been to a Christmas party like it!”

“It couldn't have been a better day!”

“It was an outstanding day!”

In January, our members have enjoyed Paper Mache crafts, Chinese Food Tasting with Chinese based quizzes to celebrate Chinese New Year and of course, we couldn't not celebrate the Bard!

We held various Scottish themed quizzes, stories and enjoyed the many poems of Rabbin Burns while having a little haggis!



We also had the Newcraighall Fire Brigade in over a few dates to provide Fire Safety talks with our members. Many of our members have also signed up for a free Home Safety Check to ensure safety at home. If you missed these dates and would like a Home Safety visit, just let me know and I will certainly organise this for you.

We will also be taking part in the Craigmillar Tapestry Project which we will report back on next issue!

Trips out the centre are proving to be the more popular choice with our Members Forum. We have planned trips on the Barge, Dynamic Earth, the Royal Yacht Britannia.

We also are delighted that the Blether Buddies restarted on 18th February where the children from Moffat Early Years nursery come along and spend time with the members and join in with that days activity!

The weekly walking group starts again on 5th March and many of our keen walkers are keen to get back walking at Bridgend Farm House.

We are pleased at the positive feedback the Forum are giving us. Remember anyone can make suggestions to us regarding your time here, so please feel free to talk to any of the team if you would like your suggestions taken forward."

Check out our Gallery on pages 4 and 5!





Gallery



Gallery

Phonelink

This is a free service to you—funded by the Edinburgh Health and Social Care Partnership, where we can call you morning and/or evening for anyone living in Edinburgh. This service is available to anyone who feels the need for a daily reassuring call.



The benefits of the service include:

- Reducing loneliness
- Checking your welfare
- Medication prompting
- Offer advice on other services available in your community

Funded by | Edinburgh Health and Social Care Partnership
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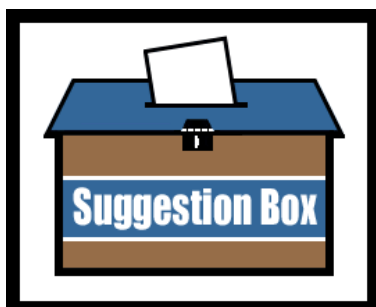
It would be lovely for the Phonelink callers to link up with you all to make our CiC community feel more supported. If anyone is interested, please let your key worker know and we will come through and have a chat.

Members Forum

Our Members Forum continue to meet 4 times a year and we use this opportunity to allow the forum to have their say and get involved in future plans. Our forums are led by our members and enable us to listen to their views and suggestions and put them into action!



You will see from last issue the many ideas we receive from our members over the course of the year but we would like to remind everyone that you do not have to be part of the forum to make any suggestions for trips and activities within our day service setting.



Please bear in mind the comments and suggestion box is there for anyone to pass on their ideas. This also applies to our members families and we would welcome any suggestions you may have.

You can email us at
info@caringincraigmillar.org

Dates to remember....



EASTER CLOSURE DATES:
FRIDAY 10TH APRIL 2020
&
MONDAY 13TH APRIL 2020

Carer Surveys 2020

We are changing the way we carry out our Carer Surveys in 2020 and we hope to aim for a more personalised approach in how we collect the data we require.

We understand people lead busy lives and forms coming through the post, can be constant and daunting therefore going forward you will receive a short telephone call from the members allocated Key Worker who will ask a few short questions and give you the opportunity to speak to them directly,

We would, as always, encourage as many families/carers to take part in these where possible but if you would NOT like to be contacted, please can you let us know by emailing info@caringincraigmillar.org.

Again, please remember you can contact us at anytime throughout the year to talk to us about the service, support for the member, comments and further advice by way of phone or email.

Thank you.



Your new Activity Team— Craig & Tracy!

“Hello I’m Craig! I started with Caring in Craigmillar in December 2019 as an Activity Coordinator. I previously worked as a Stroke Nurse at the Western General Hospital. I am now in my third month here and I’m very much enjoying to get to know everyone. I have never been so happy in my work!”



“Hi my name is Tracy and I started work at the end of February with CiC working alongside Craig! I have a background in care work and have worked between Edinburgh and Midlothian for the last 16 years.

I have fond memories of Craigmillar as my Nana lived in Harewood Drive and I would often spend the weekend with her when I was a little girl.

I am enjoying getting to know the other staff and the members

Welcome to the Phonelink Team, Diane & Louise

“Hi my name is Diane and I joined the Phonelink Team in October 2019. I live with my husband and my 2 sons who are 11 and 18. I have lived in Craigmillar all my days and my Grandad attends Caring in Craigmillar day service! I have a lovely little dog named Buddy who I enjoy taking for long walks.

I am really enjoying getting to know you all and I’m loving being part of the team!”



“Hi I’m Louise and I’ve recently joined the Phonelink Team and I really enjoy it!

I was previously a Care Assistant in a nursing home, after 8 years, I felt it was time for a change! I love chatting to each and every one of you lovely people and I hope we can make a difference to your day with our chats!”