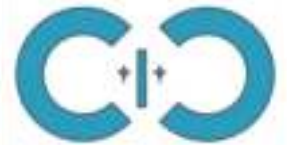


Caring in Craigmillar Issue 13



Carer Survey Results 2022

Thank you to everyone who completed our recent Carer Survey.

These survey's are very useful in helping us collect feedback from those who Caring in Craigmillar support. Feedback is vital to help, support and assess what can be done to further improve our members experiences and allow you to take part in actively participating in the running of the organisation.

However, our return rate was fairly low this time round with a response rate of 41%. We do understand people lead busy lives and forms coming through the post regarding your loved one, can be constant and daunting but if we could encourage as many families/carers to try and complete these where possible. We do really appreciate you taking the time to do this.

Comments: *The main theme from the surveys is families voicing their wish to be informed of the various activities the members take part in, more so for members are aren't able to communicate what they have been involved in during their time here.*

Action: *We included in the survey the option to be invited along to Care Plan reviews which include a part of reviewing with the member all the various activities/trips that they have been involved in. During this review the member has the opportunity to tell us what activities they have enjoyed in the last 6 months or not enjoyed as much. With this information we can plan and deliver (where an appropriate suggestion is made) their suggestions and capture if these are achieved or not.*

Carers/family members who have agreed to this will be either invited along to the centre or a telephone appointment will be made to discuss the review. If you haven't returned the survey and wish to be involved with Care Plan Review, please let us know by email or phone.



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“Always felt my Mother's care needs have been met with the most respect and dignity. Cannot fault anything. Excellent care.”

“Mum really enjoys attending her club, they have been a godsend to us!”

“The activities seem varied and provides interest to keep Mum engaged.”

“Mum looks forward to her days at day care. She talks so much about the amazing staff and friends that sit with her.”

“Mum enjoyed making and decorating ornaments and was keen to show us them, they are now on display!”

ReConnect in Craigmillar

Our weekly programme with the Scottish Chamber Orchestra continues to be a great success!



ReConnect is one of nine creative projects that are run annually. ReConnect is a music making project for people living with dementia and we are lucky to have this project reside at Caring in Craigmillar each Friday afternoon.

“It’s been a breath of fresh air”

Kellie Mercer, Manager



“It’s been such a joy to make music with the members of Caring in Craigmillar over the past year”

Orchestra Member, Nicky

Filmed by Hopscotch Films within the first year of our five year residency with the SCO, please find link below to watch it all in action!

[https://youtu.be/ ZUCELD10pA](https://youtu.be/ZUCELD10pA)



Gallery

With our typical Scottish weather, we have been lucky to have some nice sunshine filled days to enjoy whilst doing outdoor focused activities.

Our members have been planting seeds with the hope for a lovely bloom of colourful flowers within our garden.

We also made bird feeders by using cereal and rope to hang for the birds to enjoy. They were hung one day and eaten the next, so very well enjoyed by the wildlife that surrounds us. When taking the left over rope down, a nature loving member suggested we leave the rope for the birds to take for nesting which we thought was a lovely idea.





Gallery

Following on from outdoor time, we have been recently enjoying Afternoon Tea's with our members. They enjoy a range of cakes, scones whilst having a chat. The sunshine allowed us on a few occasions to have this out in the garden with some background music.

Our Afternoon Tea's have been a great opportunity for some topical chat while enjoying sweet treats!





Gallery



Our in house activities have been in full swing the last few months!

This is just a snippet of the different projects and themes going on at CiC.

To list a few, our members having been enjoying

- Card making
- Flower arranging
- Candle Making
- Chocolate Making
- Jewellery Boxes
- Jewellery making



Gallery



More craft and design work....

Lovely to see all members very proud of their creations!



Queens Jubilee Special



We of course celebrated Queen Elizabeth with some Jubilee themed activities based on the Royal Family. Many members were very busy making our own Royal themed bunting to decorate the centre with. We also made keyrings, had many singalongs featuring music from the time of the Coronation and Royal Family based quizzes. And it wouldn't be a celebration without High Tea with home made scones!





Gallery

We have been pleased to start planning trips out of the centre now the weather is improving. These trips were chosen by our members who are part of our Member Forum. We have many more bookings in the diary to ensure all members are given the opportunity to attend. Next edition will feature a Summer Gallery but for now, here are some pictures of the recent trips on the Barge to Ratho, Dobbies and the very popular Joy Rides.





WELCOME TO THE TEAM

Fraser Murray

Fraser joined Caring in Craigmillar in April as our in house Cook and is thoroughly enjoying cooking for you all, and interacting with everyone.

He is enjoying planning our menus around your suggestions!



"Hi I'm Fraser and I have been a cook for many years now.

I live with my Fiancé Danielle and our wedding is planned for 2024!

No doubt as a typical man, I'll just have to turn up but the planning is well underway!

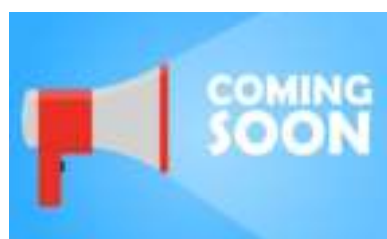
By day I am a cook and by night I am a singer. I travel around most of Scotland singing in pubs and clubs as a Johnny Cash or Elvis Tribute. This role suits me so well, as being a cook involves working most weekends and evenings. This role allows me to do both and I love my role here. You have all made me feel so welcome and your menu suggestions are a great way of involving our members to see the dishes they want! Please come and say Hi!

I'm also so happy that I can put the apron down and pick the guitar up for you all and no doubt you'll all hear me singing again very soon. Always nice to see people up dancing!"



Well done to all the Dancers!





- Sewing Group
- Darts Team
- More of Member Choice Trips
- Summer Themed Projects and Crafts

Keep an eye out for our Summer Edition of the CiC Newsletter



Thank you for reading.

C A R I N G I N C R A I G M I L L A R

Registered Office: 63 Niddrie Mains Terrace Edinburgh EH16
4NX

Tel: 0131 510 6930 E-mail: info@caringincraigmillar.org

www.caringincraigmillar.org

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