Activity Plan – July 2019

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Monday 1st July Gardening	<u>Tuesday 2nd July</u> Quiz, Walking Group	Thursday 4 th July Plate painting, stars & stripes	<u>Friday 5th July</u> "CIC People"
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Monday 8 th July Plate painting. Barge Trip	Tuesday 9th July "CIC People". Gardening	Thursday 11th July "CIC People" Walking Group	Friday 12 th July Baking - TopHats
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Monday 15th July	Tuesday 16th July	Thursday 18th July	Friday 19th July
Jewellery making. Barge Trip	Word Games. Walking Group	Baking - TopHats	Quizzes. Gardening
Monday 22 nd July Singing	Tuesday 23 rd July Inflatable Sports. Gardening	<u>Thursday 25th July</u> Summer Bingo Walking	Friday 26th July Who am I Game? Baking
	initiable sports. Gardening	Group	WHO AM 1?!
Monday 29th July "CIC Poople"	Tuesday 30th July Brain Training Word games		
"CIC People"	Brain Training. Word games. Walking Group		

^{**}Gentle exercise will take place every morning at 11.30am