


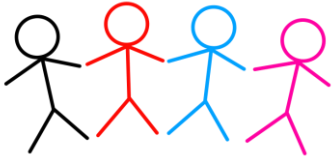


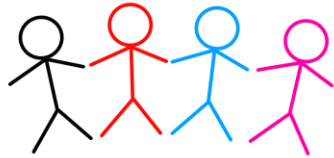




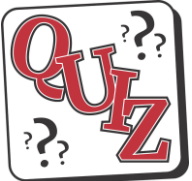




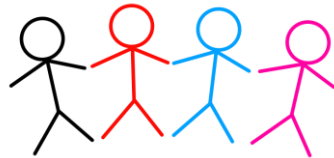



## Activity Plan – July 2019

<p><b><u>Monday 1<sup>st</sup> July</u></b> Gardening</p> 	<p><b><u>Tuesday 2<sup>nd</sup> July</u></b> Quiz, Walking Group</p> 	<p><b><u>Thursday 4<sup>th</sup> July</u></b> Plate painting, stars &amp; stripes</p> 	<p><b><u>Friday 5<sup>th</sup> July</u></b> "CIC People"</p> 
<p><b><u>Monday 8<sup>th</sup> July</u></b> Plate painting. Barge Trip</p> 	<p><b><u>Tuesday 9<sup>th</sup> July</u></b> "CIC People". Gardening</p> 	<p><b><u>Thursday 11<sup>th</sup> July</u></b> "CIC People" Walking Group</p> 	<p><b><u>Friday 12<sup>th</sup> July</u></b> Baking - TopHats</p> 
<p><b><u>Monday 15<sup>th</sup> July</u></b> Jewellery making. Barge Trip</p> 	<p><b><u>Tuesday 16<sup>th</sup> July</u></b> Word Games. Walking Group</p> 	<p><b><u>Thursday 18<sup>th</sup> July</u></b> Baking - TopHats</p> 	<p><b><u>Friday 19<sup>th</sup> July</u></b> Quizzes. Gardening</p> 
<p><b><u>Monday 22<sup>nd</sup> July</u></b> Singing</p> 	<p><b><u>Tuesday 23<sup>rd</sup> July</u></b> Inflatable Sports. Gardening</p> 	<p><b><u>Thursday 25<sup>th</sup> July</u></b> Summer Bingo Walking Group</p> 	<p><b><u>Friday 26<sup>th</sup> July</u></b> Who am I Game? Baking</p> 
<p><b><u>Monday 29<sup>th</sup> July</u></b> "CIC People"</p> 	<p><b><u>Tuesday 30<sup>th</sup> July</u></b> Brain Training. Word games. Walking Group</p> 		

**\*\*Gentle exercise will take place every morning at 11.30am**